

STUDY INFORMATION

Study Title: Influence of Chocolate on Student Learning

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TO THE PARTICIPANT

You are invited to participate in a **voluntary** research study on the influence of consuming chocolate on student learning. This study is being funded by the US Food and Drug Administration through a Food Science Research Grant.

Purpose of the study

The purpose of this study is to explore the connection between consuming chocolate and a student's ability to learn and retain new information. It is proposed that if a student eats chocolate prior to studying for a test, the student will receive a higher score on the test.

What is involved in participation

As a participant, you will be expected to attend a study session the evening prior to your midterm exam. At this session, half of the students will be provided with 3 ounces of pure milk chocolate and asked to consume this chocolate at the start of the study session and half will receive no chocolate. All students will then spend 2 hours participating in a department-led study session.

Length of participation

By participating in this study, you will only be asked to participate in the one study session.

Risks in the study

There are no known risks to consuming chocolate at the start of a study session. Those with allergies to chocolate or other foods may consider not participating. No private information will be collected about students.



Protection of information

No information about students will be collected through this study. The information collected about you will only be used for this research and will not be shared with other researchers now or in the future.

Benefits of the study

This study will be used to further the general knowledge of how to enhance student learning.

Eligibility to participate

To be eligible to participate in this research study, you must be an enrolled student in M&M101. You must also be 18 years old or older.

Rights of participants

Participation in this research study is voluntary. You may choose not to participate, or you may stop participating at any time without any penalty.

As a student, if you choose to stop participating, this will **not** affect your class grades, academic standing, financial aid, eligibility to participate in sports or clubs, or your employability within the Maricopa County Community College District. If you decide not to participate, you will also **not** be affected in any way.

Who to contact with questions or concerns

If you have questions about this study, please contact Dr. John Smith at 111-222-3456 or J.Smith@hu.edu.

This research study has been reviewed and approved by the Institutional Review Board (IRB) for the protection of human research participants of the Maricopa County Community College District. If you have questions about your rights as a participant in this study, please contact the following:

Maricopa County Community College District
Institutional Review Board Office
2411 W 14th St
Tempe, AZ 85281
irb_office@domail.maricopa.edu
480.731.8139



CONSENT/ASSENT

I have read the information provided. I agree to participate in this research study and acknowledge that I meet the eligibility requirements to be a participant. I understand that I may stop participating at any time with no penalty.

Printed Name

Signature

Date