

## Drug Screening Process and Best Practices

All healthcare students are required to submit to a pre-clinical urine drug screen according to the policy of the specific Healthcare Program. Students will be expected to follow the guidelines and timeline provided to them by your program. The drug screen will be random, and the student will be expected to pay at the time of order. Private health insurance will not pay for this screening.

### Processes:

1. Students will receive information from the program with steps to place an order with the contracted vendor. The program will identify the time frame the student has to complete the urine drug screening.
2. If the student has questions regarding the steps to place an order or the time frame to complete the urine drug screening, the student should contact the Program Director or designee.
3. Once the order is placed, the vendor will provide a receipt upon payment.
4. When the order is placed, and payment is completed, the student will receive an authorization form. The authorization form will be needed when performing the test. This form will include the student's name, college name, vendor's name and contact information, program designation, and program account number.
  - If the form is not taken to the collection site, the student will not be able to complete the urine drug screening without the authorization form. If the student has questions regarding next steps on how to complete the drug screening while at the collection site the student should contact the contracted vendor. The authorization is required in order to perform the test.
  - If the form is not taken to the collection site, the student's specimen will not be accepted and the student will be required to place a new urine drug screening order with the contracted vendor at an additional cost.
5. Once the form is provided, the student will then have to complete the drug screening at the program's outlined timeline. It is important that students understand that they may not take a prescription to the lab to be evaluated during the testing process.
6. Once the collection site conducts the urine screening, the results to the Program Director or designee. The student will be able to see the results in the contract vendor systems.
7. If the student does not meet the negative drug screening criteria, the student will be contacted by the program with next steps.
8. If the student has questions regarding their urine drug screening results, the student should contact the contracted vendor.
9. If the student has questions regarding their program status due to their urine drug screening results, the student should contact the Program Director or designee.

### Urine Drug Screening Best Practices:

- Do Not drink more than 8 oz of water fluid in the 2 hours before giving a urine sample. An abundance of fluid in the body will result in a "dilute" reading, which constitutes a

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"flagged" result. Having a flagged result MAY require you to reorder and repay for a new test.

- At the facility, if you are not able to produce a urine sample when requested, contact your school for how to proceed.
- Please note – You are required to go to the site you selected when ordering. If you go to a collection site other than what was selected, you may be subject to additional collection fees.
- To avoid a possible low-level opiate result, be sure to avoid foods with poppy seeds. Having a flagged result may require you to reorder and repay for a new test
- If you are on a prescription medication, please be sure that you keep that information as if there is an initiative positive you will be contacted by the Medical Review Officer and possibly asked to produce prescription information.